

## LEXINGTON'S SAFE ROUTES TO SCHOOL



### 2015–2016 Walking Wednesday Dates\*

October 14  
November 18  
December 9  
January 13  
February 10  
March 9  
April 13  
May 11

\* Check with the Estabrook School calendar and newsletter for more information.

*There's a feeling of joy and independence—a sense of adventure—that doesn't fade. When walking or biking, parents and children get to appreciate things they don't notice while driving—listening to the sounds of the neighborhood, seeing friends and neighbors and feeling connected with their community. Parents, children and friends can enjoy one another's company without the usual distractions.*

## LET'S WALK 'N' ROLL TO ESTABROOK IN 2015–2016!

Reducing vehicle traffic helps to increase pedestrian safety for students, provides cleaner air around the school, and avoids traffic headaches. Even reducing car travel to school once a month can have a significant impact. You can make a difference, step-by-step: walk, bike, carpool and bus to school!

### WALKING WEDNESDAYS

Mark your calendar for Walking Wednesdays, the second Wednesday of every month, beginning in October on International Walk to School Day.\* Remember, Walking Wednesdays is for everyone who helps reduce car traffic by walking, biking, carpooling and riding the bus!

Sponsored by Safe Routes to School (SRTS) and the PTA, this nationwide initiative is run on a state and local level by concerned parents, administrators and volunteers. SRTS addresses the widespread custom of driving children to school as a problem so significant that it converges on declining youth fitness, traffic congestion, deteriorating air quality, and diminished personal contact within neighborhoods.

\* Check with the Estabrook School calendar and newsletter for more information.

## SAFE SCHOOL TRANSPORTATION

### PEDESTRIANS

- Walk on the sidewalk. If none, walk facing traffic.
- Dress to be seen.
- Check carefully at driveways.
- Find a visible place to cross, such as at cross walks or street corners.
- Be smart about using crosswalks.
- Stop at the curb before you cross.
- Wait for cars to stop.
- Look left, look right, look left again!

### BICYCLISTS AND SCOOTERS

- Wear helmets.
- Follow the same common sense rules as pedestrians.

### BUS RIDERS AND CARPOOLERS

- A bus rider's day begins at the bus stop.
- Wear seatbelts.
- Exit cars onto the sidewalk, not a road.
- No idling.
- Student drop off only at designated parts of driveway where staff are present.
- No queuing on Grove Street.